



## Spiritual Mentor Training

Supporting you on your life's journey

In today's contemporary society more and more people are turning away from organised religion to a more wholistic approach to spirituality - integrating mind, body, heart and soul.

Have you ever felt lost, confused, a lone. Yearning for someone who could understand the issues of your soul, but finding no place to go. Not really wanting a counsellor or a coach, as you did not have a specific problem or goal. Simply seeking to share with someone who understands the spiritual path – not just the light - but also has psychological depth and wisdom and is able to accompany you through dark times. This is what this training provides.

The training is divided into 4 modules

- Spiritual Connection
- Psychospiritual growth
- Issues of our time
- The art of Spiritual Mentoring

Provisional dates are the 8 weekends making 90 contact hours

Sept 5 – 6, Oct 17 – 18, Nov 7 – 8, Dec 12 – 13, Jan 9 – 10, Feb 6 – 7, March 3 – 4, April 14 – 18.

Cost: £150 per weekend, Total Course £1,200 (Bursary discount £800)  
B&B at special training rate of £50 per night.

*'What is most bewildering for the contemporary spiritual seeker is the cultural vacuum that often leaves them feeling misunderstood and disillusioned. .To provide alternative sacred spaces, with people trained in the appropriate skills of accompaniment requires primary attention' (Diarmund O'Murchu – Reclaiming Spirituality)*

